

What is Coronavirus?



Lots of people are talking about Coronavirus, which is also called COVID-19. Coronavirus is a type of bug that gives you a bad cold. Lots of people around the world have it at the moment. Some people in New Zealand also have Coronavirus.

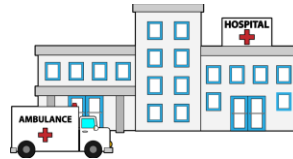
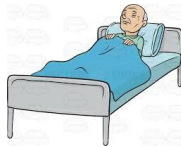


If you get Coronavirus you might have a sore throat, dry cough and temperature. You might be tired and feel short of breath even if you haven't been running around.



Children usually have mild symptoms. Most people who get Coronavirus get better at home quickly.

People with health problems and old people sometimes get very sick if they catch Coronavirus. Some people may need to go to hospital. Doctors and nurses will help them.



To stay healthy and not spread germs you should:

Wash your hands with soap.	Use hand sanitiser if you can't wash your hands	Cough and sneeze into your sleeve or a tissue	Try not to touch your face	Stay home from school and kindy.	Keep 2 metres away from people you don't live with	Wave at your neighbours from a distance

Some things have changed while we wait for Coronavirus to go away; we need to stay at home and be extra careful to wash our hands and not spread germs.

But we can still do lots of things like play and learn at home and go for walks and bike rides. Remember not to get close to people you don't live with – wave and say hi from a distance!



We don't need to worry and after a while everything will all go back to normal.